DOWSING WITH A PENCIL

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For the past 12 months this form of dowsing has fascinated me and provided many happy hours of enjoyment. As soon as I learned about the possibilities inherent in the ancient art of dowsing I started to experiment on my own. Mr. Gordon MacLean, who encouraged me and got me started on the right path, deserves a great deal of credit for his help in furthering the development of this method of dowsing. He has proven to be a terrific dowser and a very good friend. All the other fine people whom I have met through the Southern Maine Chapter of the American Society of Dowsers have been very helpful and have encouraged me to experiment along these lines. They are truly some of the nicest people I have ever met.

For the sake of economy and time I am presenting only a few aspects of pencil dowsing to get the basic idea over to anyone who is interested. Included here are methods of trailing of objects and people and pencil dowsing for water.

Other forms of pencil dowsing which I plan to present in booklet form in the near future are as follows.

Pencil dowsing for minerals
" " of property lines
" " environments of objects and people
" " drawing of objects and people
" " grid lines and other earth emissions
" " auras and emissions in pictures
" " of microscopic and submicroscopic objects

An interjection.

This development of Bob Ater's is one of the most astounding facets of dowsing that I have ever seen and it deserves to be followed up by all who can handle it. At least one of our Maine members is using it successfully and is enthusiastic.

Try it out and make it work for you.

Gordon MacLean
BASIC METHODS OF DOWSING WITH A PENCIL

MATERIALS NEEDED
- a map of the area you wish to dowse
- a pencil or ball point pen
- a table where you can sit or stand comfortably
- an atmosphere where you will not be distracted
- plenty of light

YOUR ATTITUDE
As in any form of dowsing it is all important to have a very strong desire to successfully locate the person, place or thing you are seeking. Half-hearted efforts will never work. I find I can work best when I am alone or with people who are sympathetic to what I am doing. Soffers tend to turn me off or color the results. If you believe strongly in what you are doing you are over half way to success.

PENCIL POSITIONS
I use two basic hand and pencil positions when I am map dowsing. One I call "dropping in" since that is exactly what I do. I drop in on a location from a short distance above the map. The second position I call channeling because this is essentially what it feels like when I follow a trail or other form on the map. It gives the sensation of following a channel or groove such as one might experience when following a crack in a board with a pencil. All movement is restricted to the contour and configuration of the groove. Only forward or backward movement is permitted. Another method of searching is a modification of the channeling position which I call "sweeping".

POSITION * A *
Hold a regular pencil or pen in the writing position. The pencil should be pointed straight down so it is perpendicular to the map or paper.
Grip the pencil in a somewhat relaxed manner about half way between the point and the top.
The forearm, wrist, and hand should be in a straight position, horizontal to the map or paper.

POSITION * B *
Hold the pencil rather loosely by the end with the point down toward the map or paper. Dangle the pencil over the map or paper as you would a pendulum.
DROPPING IN ON A LOCATION

Hold your pencil in the position described in either A or B.

The size of your map would indicate the distance above the map that the pencil should be held. A map the size of a sheet of typing paper would require a distance of about five or six inches. Larger maps require a greater distance. Experiment. Learn to feel for the distance that is most comfortable for you.

Tune to the person, place or thing you are seeking.
ASK to be shown the correct location on your map.
FEEL for the location you are seeking.

If the person, place or thing is actually in the area represented by the map you are using your hand and pencil will be drawn to the spot on the map you are seeking. If the pencil moves in a direction away from your map this indicates that what you are seeking is not to be found on this particular map but is located in the direction the pencil travels. You may want to test these reactions over and over again being sure that you are well tuned in to the person, place or thing you are seeking. Letting your mind become concerned with other things or thoughts can produce misleading results. DO NOT TRY TO REASON OUT THE LOCATION. You must remain very naive and have faith in your reactions. If you do experience doubt about the correctness of your reactions, try again later—most dowsing is not a matter of emergency anyway. What's the hurry? It is more important to feel you are correct than to set speed records.

SURPRISE REACTIONS

You may have the experience of having the pencil jumping right out of your hand on to map if it is held lightly. Also you may find the pencil turning radically in one direction or another when held in position B. In dowsing for the presence of water on the moon I had the pencil turn completely away from the moon map I was dowsing and point over my right shoulder directly at the position of the moon on that particular night. Trying to analyze what had happened I realized that I had been asking for the location of water on the moon rather than asking for the location of water on the moon as illustrated on my map of the moon. This I finally did and got some strong reactions on my map.
X MARKS THE SPOT

Recently I was trying to locate some grave sites in the state of Maine, of the creature known as "Bigfoot", I dropped in on a location of my map as I asked for a Bigfoot grave site. One spot on the map consistently drew my pencil to it. I marked it with an X. A few weeks later Mark Cisco of Boothbay Harbor, Maine and I went to the place I had marked. At the exact location I had marked we found several dozen low rock-covered mounds. They were about four feet wide and about eleven feet long. Some seemed to have been there so long that they were almost indistinguishable. Most were in good condition. The stones which covered the mounds were from about four inches in diameter to about a foot or so. They were natural to the area. Several smaller mounds had no rocks but were made of scooped-up soil. These smaller mounds showed that they had been scooped up from the sides. There were low areas on either side showing that the soil had simply been pushed from the sides to the middle.

The site was a small plateau of about two acres, halfway up a small mountain in a very wild area near the coast of Maine. The mounds were not laid out in any order but were scattered indiscriminately around the area. We were surprised, amazed, shocked and flabbergasted to find this situation at the exact spot I had pencil dowsed on the map. This site was on private property so no digging was done. When that time comes, the digging will have to be done by someone with authority and interest, such as the representatives of a large museum. I have located similar sites on maps in Maine and other states since that time.

CHANNELING A TRAIL OR OUTLINE

Sometimes a dowser wishes to find the trail or path of a person, place or thing as well as finding a specific location. I feel this can be done in several ways. If the starting point is known or suspected the trail can be picked up at that point. If the starting point is not known then a section of it can be picked up by "sweeping" the map, as explained a little later, and following the trail back to the starting point or forward to the present location of the person, place or thing, I feel. Ancient trails, present trails and future trails can all be detected by this same method. "ASK AND YE SHALL RECEIVE". Be very specific about what you ask for. Include names and times in your questions if you know them.
THE DOWSING FORMULA - TUNING IN

Everyone and everything has to be somewhere. Although you do not know now exactly where the person, place or thing you are seeking is located you know it is out there somewhere.

Send out your thought waves to it. Attach yourself to it mentally. State exactly: in your mind or out loud what you wish to find. Become involved with it personally. It is out there somewhere. I believe the dowser enters into a light trance as he or she becomes more involved with the person, place or thing being sought and less involved with his or her own thoughts. I was once startled by someone when I was map dowsing and was quite surprised to discover how deeply I had become involved in a state of trance. It was almost as though I had left the place where I was sitting and was at the location I was dowsing. Upon being drawn back abruptly to my regular conscious state I was visibly shaken. I was trembling inside.

ASKING

Whom do you ask? No one knows that for sure. Ask God if you wish. Ask your hand or your dowsing instrument or your map. The classic statement of Jesus concerning asking and receiving, with which we are all familiar simply says "ASK".

"I say unto you, Ask and it shall be given you; seek and ye shall find; knock and it shall be opened unto you. For everyone that asketh receiveth; and to him that seeketh findeth; and to him that knocketh it shall be opened."

Luke 11:9-10

In all likelihood, we are asking our own brain when we are asking for a dowsing reaction. The brain has powers unfamiliar even to its owner. People of ancient times have been more aware of this than we are today. Very primitive people in our own time demonstrate powers of the brain which seem restricted in cultured civilized man. It is commonly felt by researchers today that dowsing is some form of ESP. I view the phenomenon of dowsing as a very natural, very normal function of the brain which is developed in man much the same way speech patterns and sociological behavior patterns are developed. We are conditioned from birth to be the people we turn out to be. Likewise, we can be conditioned to subdue or develop our brain powers. Dowsing and especially this type of dowsing can be learned, developed and used in our daily lives simply by conditioning ourselves to react to it.
EMOTIONAL REACTIONS

At times I have experienced empathetical emotional reactions when attempting to follow historic trails or prehistoric trails. These range from joy to anguish. As I tune my mind in to those people I get the feeling I am there with them walking over the land or sailing the sea. They are not so much aware of me as I am of them. I seem to share their feelings as I follow their trail. When I have visited sites that I have located on the map which have to do with these people I can sense a very real situation or action which took place at that spot. With an L rod I feel I can pick locations where these people lived, worked, played and died. I do not feel I am unique in this. It is a matter of tuning in. I think any dowser who tunes in strongly can get the same feelings. It is a great experience.

TESTING FOR ACCURACY

When a location is found that you feel confident about, it is still a good practice to test it. One way is to hold your pencil over the spot and say either to yourself or out loud: "If this spot is the location I am searching for stay on the spot. If this is an incorrect location move in the direction of the correct location." Give your hand and pencil its freedom. Do not just try to reinforce your previous reactions. Be willing to be proven wrong. If the pencil holds you are probably on the correct location. If it moves away, search further in the direction the pencil moves. Seek for truth, not just quick results. If you are confused, come back to it at another time. It is easy to become tired when spending a lot of time at this type of dowsing.

SWEEPING A TRAIL OR LOCATION WHEN IT IS NOT KNOWN.

I have already referred to "sweeping" a trail in writing about "channeling". Here is an explanation of how to do it.

Holding your pencil in position A an inch or two over the map, move your hand and pencil slowly from one side of the map to the other asking for the trail you are seeking, feeling for it at the same time. When you feel a channeling sensation, such as you felt when following a trail, draw it in on the map. Test it by asking the trail to continue forward or follow the trail in reverse. It will be obvious to you if you have picked up a trail. Check it over and over again to be sure it is the trail you are seeking.
WHEN THE STARTING POINT IS KNOWN

Hold your pencil in position A over the starting point. Gently move the pencil in a small circular movement around the starting point feeling for a tug in any direction away from that point. Do not let what you already know about the trail influence you in any way. Be naive. Believe the reaction you get. You may have been misinformed. You are dowsing, not reasoning. As in "dropping in", the formula is TUNE IN - ASK - FEEL.

SPECIAL REACTIONS

When you have picked up a strong trail and are following it you may start getting various peculiar reactions as you go along.

SPEED - If you are well tuned in to the person or thing you are trailing you may start to get empathetical reactions. You can feel if the trail was made slowly, rapidly, easily, laboriously, etc. The pencil will move at various speeds indicating the speed the trail was made.

STOPS - You may arrive at a point where the pencil stops for a short period of time or just hangs in on one location. This could indicate a short stop or a prolonged stop such as an overnight stop. A very long protracted stop I feel, indicates the end of the trail. Experience will help you interpret these stops. If the pencil stubbornly refuses to continue on, you can test to see if the trail actually does continue or in fact, this is the end. ASK that the trail be continued. Try to move away from that spot by moving your pencil in a small circle around it feeling for a continuation. If for some reason you feel you should continue, BE INSISTENT. DEMAND that the trail be continued. If this is actually the end you will see that the pencil holds steadily on that spot.
PENCIL DOWSING FOR WATER

First, for the sake of the inexperienced dowser I would like to present some basic information on dowsing for water. Let us assume that we are seeking a source of water suitable for drinking. Satisfactory drinking water, of course, should be as pure and free from any contamination as possible. When we ASK for the location of drinking water, we should qualify our search by asking for "a vein of flowing water suitable for drinking." We may also request that the quantity of suitable drinking water from that vein be at least ten gallons per minute available from the well after it is dug or drilled (any other quantity may be requested also). By qualifying our request we exclude all other veins which would not be suitable for our purpose. I find that the most satisfactory way to locate the best vein is first to locate the best dome. Simply stated, the domes and veins are parts of an underground water circulation system devised and maintained by nature. There is free flowing water in the subsurface of the earth which is under great pressure. The water is forced upward through natural cracks in the underlying rocks. As it rises it may reach the top of the ground and flow on the surface of the earth as a spring, stream or river or it may be blocked on its way to the surface by an obstruction such as a hard strata of rock or other material. If the water can no longer rise upward it will seek a sidewise movement following porous materials or horizontally layered rock or anything that will permit it to continue to flow. At the point where the water meets porous gravel or sand and splits into veins, we call this a dome.

THE METHOD

1. With a map or drawing of the boundaries of the property you wish to dowse before you, "TUNE IN" to that property. In your mind pretend you are there. Tune out your present situation as much as you can. This "tuning in" and "tuning out" is what we do when we "ASK". We enter into a light trance, giving our brain an opportunity to be relatively free of present thoughts and to be strongly aware of the location of the thing we are seeking.

2. With your pencil held in either position A or B above the map, ask for the strongest dome of flowing water suitable for drinking, located on the property you are dowseing. If you have mastered the technique of "dropping in" you will very likely drop right in on the location of the dome you are seeking.

3. Feel for the veins with a circular motion around the dome. Draw them in as you feel them. There may be from one to nine or so. After you have drawn them all in ask for the one with the greatest flow as you circle the dome with your pencil.
4. ASK for any vein which may intersect these veins you have already located.

5. FOLLOW each vein from the dome as you ask for more veins which cross the original veins.

6. FEEL for these new veins as you move the pencil along the lines you have already drawn. You may get a tug to the right or left. Consider these new veins coming from other domes.

7. Follow the new vein in each direction. One end will lead to a new dome where you can start feeling for more veins from that dome. Ask again for the next largest dome, etc.

8. Try the locations out on the property with a conventional dowsing device such as a Y rod or an L rod or any device you are comfortable with. You will be surprised at how accurate you have been with the pencil. - RIGHT ON TARGET!

ONE LAST WORD

Anyone trying this method of dowsing and not being immediately successful should not be discouraged. I have been working with it forever a year and am still developing. I suggest you practice and practice and practice, especially on things that can readily be proven. If you can develop a passion for it to the point that you greatly enjoy doing it, you will undoubtedly be very successful. I would like to hear about your successes and your failures. Write me or send tapes of your experiences.

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